

Christ  
Our  
Saviour

Lesson 10

Teachings of Christ

All Scriptures in this lesson are from the  
New King James Bible

**To prepare for this lesson, read:**

Matthew 5:1-14; Luke 10:25-37

*Christ our Saviour*, pages 55-62

Read again the first paragraph on page 55 of *Christ Our Saviour*. Notice that the Jews had added ceremonies and traditions of their own to take the place of true worship of God and regard for His law.

**What did Jesus have to say about their traditions?** Matthew 15:1-9

Fill in the vowels for verses 3 and 9.

“B\_\_t H\_\_ \_\_nsw\_\_r\_\_d \_\_nd s\_\_d t\_\_  
th\_\_m, Wh\_\_ d\_\_ y\_\_ \_\_ls\_\_ tr\_\_nsgr\_\_ss  
th\_\_ c\_\_mm\_\_ndm\_\_nt \_\_f G\_\_d b\_\_c\_\_s\_\_  
\_\_f y\_\_r tr\_\_d\_\_t\_\_n?”

“\_\_nd \_\_n v\_\_n th\_\_y w\_\_rsh\_\_p m\_\_,  
t\_\_ch\_\_ng \_\_s d\_\_ctr\_\_n\_\_s th\_\_  
c\_\_mm\_\_ndm\_\_nts \_\_f m\_\_n.”

“Their exactions and restrictions were so wearisome that Jesus declared: “They bind heavy burdens, and grievous to be borne, and lay them on men's shoulders.” {Matthew 23:4} Their false standard of duty, their superficial tests of piety and godliness, obscured the real and positive requirements of God. Heart service was neglected in the rigid performance of outward ceremonies. The Jews had so perverted the divine commandments, by heaping tradition upon tradition, that, in the days of Christ, they were ready to accuse him of breaking the Sabbath, because of his acts of mercy upon that day.” *Spirit of Prophecy*, Vol. 2, page 195.

Matthew chapters 5 through 7 are known as the Sermon on the Mount. Jesus began His sermon pronouncing special blessings—called the Beatitudes.

**What was the first blessing?** Matthew 5:3 first half

“Blessed are the \_\_\_\_\_ \_”

The poor in spirit are those who desire help from God.

**What is their promise?** Matthew 5:3 last half

Use the alphabet code below to decode the answer.

A	B	C	D	E	F	G	H	I	J	K	L	M
26	25	24	23	22	21	20	19	18	17	16	15	14

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
13	12	11	10	9	8	7	6	5	4	3	2	1

21	12	9	7	19	22	18	9	8	18	8
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7	19	22	16	18	13	20	23	12	14
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12	21	19	22	26	5	22	13
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**The next blessing is for whom?** Matthew 5:4 first half

By using multiplication you can figure out the code and to decode the answer.

$4 \times 4 = \underline{\quad\quad} \quad (\text{T})$

$3 \times 3 = \underline{\quad\quad} \quad (\text{O})$

$8 \times 4 = \underline{\quad\quad} \quad (\text{W})$

$7 \times 4 = \underline{\quad\quad} \quad (\text{N})$

$9 \times 9 = \underline{\quad\quad} \quad (\text{H})$

$2 \times 3 = \underline{\quad\quad} \quad (\text{M})$

$6 \times 7 = \underline{\quad\quad} \quad (\text{E})$

$5 \times 3 = \underline{\quad\quad} \quad (\text{U})$

$3 \times 6 = \underline{\quad\quad} \quad (\text{R})$

$8 \times 9 = \underline{\quad\quad} \quad (\text{S})$

16 81 9 72 42    32 81 9    6 9 15 18 28

It means those who are truly sorry for their sins and who ask God for pardon. Are you truly sorry for your sins? If you are, and you have asked God for pardon, then this blessing is for you.

**What did God tell us about mourning, through the prophet Jeremiah?** Jeremiah 31:13, last half

Finish each word in this verse to find the answer.

“. . . F\_\_\_\_\_ I w\_\_\_\_\_ t\_\_\_\_\_ t\_\_\_\_\_  
m\_\_\_\_\_ t\_ j\_\_\_\_, w\_\_\_\_\_ c\_\_\_\_\_  
t\_\_\_\_\_, a\_\_\_\_\_ m\_\_\_\_\_ t\_\_\_\_\_ r\_\_\_\_\_  
r\_\_\_\_\_ t\_\_\_\_\_ s\_\_\_\_\_.”

**What is the promise to those who mourn?**

Matthew 5:4 last half

Starting with the first letter, cross out every other letter. The remaining letters will give you the answer.

G T A H Z E B Y I S M H J A D L R L K B Q  
 E X C N O V M W F P O A R F T H E M D

\_\_\_\_\_

\_\_\_\_\_

**Who is the next blessing for?** Matthew 5:5 first half

Use the alphabet code below to decode the answer.

A	B	C	D	E	F	G	H	I	J	K	L	M
												
!	@	P	Q	R	S	T	U	V	W	X	Y	Z
												

  

_____	_____	_____	_____	_____	_____	_____	_____
							

The lesson said when Jesus was wrongfully treated, He returned good for evil. Let's decode Matthew 7:12, which is sometimes called the Golden Rule.

A	B	C	D	E	F	G	H	I	J	K	L	M
$\alpha$	$\beta$	$\chi$	$\delta$	$\varepsilon$	$\phi$	$\gamma$	$\eta$	$\iota$	$\varphi$	$\kappa$	$\lambda$	$\mu$
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
$\nu$	$\omicron$	$\pi$	$\theta$	$\rho$	$\sigma$	$\tau$	$\upsilon$	$\omega$	$\omega$	$\xi$	$\psi$	$\zeta$

\_\_\_\_\_  
 τ η ε ρ ε φ ο ρ ε

\_\_\_\_\_  
 ω η α τ ε π ε ρ ψ ο υ

\_\_\_\_\_  
 ω α ν τ μ ε ν τ ο δ ο

\_\_\_\_\_  
 τ ο ψ ο υ δ ο α λ σ ο

\_\_\_\_\_  
 τ ο τ η ε μ

“Throughout the Beatitudes there is an advancing line of Christian experience. Those who have felt their need of Christ, those who have mourned because of sin and have sat with Christ in the school of affliction, will learn meekness from the divine Teacher.” *Thoughts from the Mount of Blessing*, pg. 13.

**The promise to the meek is—** Matthew 5:5 last half

Unscramble the words to complete the sentence.

earth. inherit shall the They

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**Who is the next blessing for?** Matthew 5:6 first half

“ . . . those who \_\_\_\_\_ and \_\_\_\_\_ after  
 \_\_\_\_\_, . . . ”

### **What is righteousness?**

Use the code on page 3 to decode this answer.

9	18	20	19	7	23	12	18	13	20	
12	25	22	23	18	22	13	24	22	7	12
7	19	22	15	26	4	12	21	20	12	23

### **What does the Psalmist say about the commandments?** Psalm 119:172, last half

Fill in every other letter of this verse to read the answer.

“ . . . F \_ r \_ l \_ Y \_ u \_ c \_ m \_ a \_ d \_ e \_ t \_ a \_ e  
 \_ i \_ h \_ e \_ u \_ n \_ s \_ . ”

The lesson said, on page 57, that we hunger and thirst after righteousness when we want to have all our thoughts, our words, and our actions, like Christ's. In John 6:38 Christ said “For I have come down from heaven, not to do My own will, but the will of Him who sent Me.”

### **What did the Psalmist have to say about doing God's will?** Psalm 40:8

“I \_\_\_\_\_ to do \_\_\_\_\_, O my  
\_\_\_\_\_, and \_\_\_\_\_ is \_\_\_\_\_ my  
\_\_\_\_\_.”

**What is the promise to those who hunger and thirst after righteousness?** Matthew 5:6 last half

Use the code on page 5 to decode the answer.




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**What did the Psalmist have to say about being filled?** Psalm 107:9

“For He \_\_\_\_\_ the \_\_\_\_\_ soul, And  
\_\_\_\_\_ the \_\_\_\_\_ with  
\_\_\_\_\_.”

**What did Jesus have to say about satisfying the hungry?** John 6:35

Fill in the vowels of this verse.

“. . . I \_m th\_ br\_\_d \_f l\_f\_. H\_ wh\_  
c\_m\_s t\_ M\_ sh\_ll n\_v\_r h\_ng\_r, \_nd  
h\_ wh\_ b\_l\_\_v\_s \_n M\_ sh\_ll n\_v\_r  
th\_rst.”

**Who is the next blessing for?** Matthew 5:7 first half

Unscramble the words to find the answer.

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The lesson said that to be merciful is to treat others better than they deserve.

**How did the apostle Paul word it?** Ephesians 4:32

“And be \_\_\_\_\_ to one another,  
 \_\_\_\_\_, \_\_\_\_\_ one  
 another, \_\_\_\_\_ as God \_\_\_ Christ also  
 \_\_\_\_\_ you.”

**What is the promise to the merciful?** Matthew 5:7 last half

Starting with the first letter, circle every third letter to find the answer.

T A B H Z J E C B Y D I S Q M H E J A O D  
 L T R L K B O Q E B X C T N O A V M I W F  
 N O A M R F E T H R E M C D X Y

\_\_\_\_\_

\_\_\_\_\_

**Who is the next blessing for?** Matthew 5:8 first half

Decode the answer by substituting for each letter the letter that comes before it in the alphabet.

A B C D E F G H I J K L M  
N O P Q R S T U V W X Y Z

Q V S F J O I F B S U

**What was King David's prayer?** Psalm 51:10

Unscramble the words in this sentence to find the answer.

a O in God. clean Create heart, me

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This can and should also be our prayer.

**What special promise do the pure in heart receive?** Matthew 5:8 last half

Finish each word of this verse.

“. . . \_\_\_\_y \_\_\_\_l \_\_\_\_e \_\_\_\_d.”

**Who is the next blessing for? And what is their promise?** Matthew 5:9

Fill in the missing letters to read the verse.

“B\_e\_\_e\_\_ a\_\_e t\_\_e \_\_ea\_\_e\_\_a\_\_e\_\_, \_o\_\_  
\_\_e\_\_ \_\_a\_\_ \_\_e \_\_a\_\_e\_\_ \_\_e\_\_o\_\_o\_\_  
\_\_o\_\_.”

**Who is the next blessing for, and what is their promise?** Matthew 5:10

“Blessed are those who are \_\_\_\_\_  
for \_\_\_\_\_’ sake, for \_\_\_\_\_ is  
the \_\_\_\_\_ of \_\_\_\_\_.”

**What did Christ say to His disciples?** Matthew  
5:14

Read the pictures and write the phrase on the line  
below.



They were to share the light of the gospel with the  
people. Let’s read the commission Christ gave His  
disciples in **Matthew 28:19, 20**.

"Go therefore and \_\_\_\_\_ of  
\_\_\_\_\_ the \_\_\_\_\_, \_\_\_\_\_ them in  
the \_\_\_\_\_ of the \_\_\_\_\_ and of the \_\_\_\_\_  
and of the \_\_\_\_\_, \_\_\_\_\_ them  
to \_\_\_\_\_ that I have  
\_\_\_\_\_ ; and lo, I am \_\_\_\_\_  
you \_\_\_\_\_, *even* \_\_\_\_\_ of the  
age." Amen.

In Lesson 6 we discussed the story of the man  
traveling from Jerusalem to Jericho and the  
Samaritan who helped him. You may want to  
review the questions and activities.

# Lesson Review

## Word Search

Find the following words from this lesson and circle them or draw a line through them as you find them in the diagram. Words may run in any direction, but in straight lines.

APOSTLE, BEATITUDE, BLESSINGS, BREAD, CEREMONIES, CLEAN, COMMANDMENTS, DELIGHTS, FORGIVING, GOOD, HEART, HOPE, HUNGER, JESUS, JEWS, KIND, KINGDOM, MEEK, MERCIFUL, MOURN, PAUL, PEACEMAKERS, POOR, PROMISE, RIGHTEOUSNESS, SERMON, SORRY, SOUL, TENDERHEARTED, THIRST, TRADITIONS, TRANSGRESS, VAIN, WORDS, WORSHIP

P	E	S	S	E	N	S	U	O	E	T	H	G	I	R
E	S	D	E	T	R	A	E	H	R	E	D	N	E	T
A	I	S	E	R	M	O	N	M	S	E	D	R	S	S
C	M	Y	R	R	O	S	O	G	L	A	E	R	T	T
E	O	N	R	S	M	D	N	U	E	G	I	E	N	H
M	R	I	S	G	G	I	A	R	N	H	D	A	E	G
A	P	A	P	N	V	P	B	U	T	U	E	A	M	I
K	O	V	I	I	O	L	H	N	T	L	R	S	D	L
E	O	K	G	S	H	I	U	I	C	T	N	O	N	E
R	T	R	T	S	O	S	T	F	M	N	H	U	A	D
S	O	L	E	E	P	A	R	I	I	E	R	L	M	N
F	E	O	M	L	E	G	O	O	D	C	E	U	M	I
O	U	N	P	B	S	D	R	O	W	A	R	K	O	K
J	E	S	U	S	E	I	N	O	M	E	R	E	C	M
J	E	W	S	S	E	R	G	S	N	A	R	T	M	T

Now that you have found and marked all the words from the word list, you will see there are 16 letters that were not used which spell a hidden message. Starting at the top, read each line left to right and add each unused letter to the lines below to spell the hidden message.

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— — — — — — — — — —

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